



Laughter

Heals

Association



Laughter Heals Association

Laughter Heals Association is founded to give moral support to social groups in need of laughter in their lives by Aslı Bastıyalı, mother of Bahar who was diagnosed with leukemia in 2014 and recovered in 2016.

Our association believes in the healing power of laughing at difficulties and gives support to those who need to smile. We are a member of Açık Açık which is a platform of transparent and accountable associations that recognizes donors' rights.


Our Mission


- To support individuals, especially children, who are in need of psychosocial support due to serious illnesses, traumas, and terror.
- Develop and implement community awareness projects,
- Provide free support to target groups based on their needs,
- Bring industry, government agencies, and NGOs together to work in a synergistic way in order to produce efficient results.

Our Vision

- To create a society that can take even the harsh conditions of life more easily, and laugh at things even if it's not so funny and benefit from the healing power of laughter,
- To contribute to Turkey to become a happier and a more livable country with smiling.

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Volunteering

Volunteering activities are carried out by individual's own will, based on nonprofit motivation, for the benefit of other individuals and/or other living things except for his/her close family/friends.

To be a Volunteer in Our Association

- Be at least 18 years old,
- To concur with the purpose, vision, and mission, and be willing to make a concrete contribution in accordance with the culture of the Association.

How Can I Give Support if I live out of Istanbul?

Volunteer candidates who apply from outside of Istanbul will be contacted via e-mail about the areas in which they can provide support.

Types of Volunteering and Job Descriptions

- 1- Office Volunteers** will be in charge of the activities for sustaining the workflow of the Association such as:
- Data input and reporting support (volunteer applications, runners, donors, etc.)
 - Translation support
 - Internet search and social media support
 - Organizing distribution of gifts and supplies (sorting, packing, etc.)
 - Support for meeting organizations

2- Field Volunteers will take an active role in communication activities between the Association and public, and shares the workload to support organized activities.

- Support for the Association's stands for publicity
- Support for the distribution of promotional materials, such as brochures, posters, e-newsletters, etc.
- Support in marathon organizations (material transport, visibility creation, runner coordination, etc.)

3- Play Center Volunteers share the workload of the Hygienic Play Center activities.

- Perform educational/play programs with children, structured by the Association.
- Plan and conduct activities in fields of art, science, and culture for 3-10 year old children.

4- Volunteer Psychologists share their knowledge and experience in the field of psychology based on the needs of the Association.

- Develop content (brochures, education, etc.)
- Support for volunteer trainings (for the Play Center Volunteers)
- One-on-one consultancy when needed.

Steps of Volunteering



Step 1: Application

- Online applications made by volunteer candidates at gonullu@gulmekiyilestirir.org.tr are automatically transferred to our information system and displayed as "application".
- Applications will be answered within 7 working days in accordance with the contact details stated on the application form.

Step 2: Introduction Meeting

- All voluntary candidates whose applications are accepted are invited to the first introductory meeting to be held.
- In this meeting, the mission, vision, and working principles of our association, volunteering process and activities are explained to our volunteer candidates. Candidates are encouraged to choose the appropriate volunteerism area for themselves.
- When the presentation is over, our volunteer candidates fill in the "Volunteer Candidate Information Form" and sign the "Volunteer Commitment Letter".
- Each volunteer is requested to have 2 photographs, a copy of their ID card, and a certificate of good conduct.

Step 3: Volunteering Presentation Meeting

- New volunteers are informed about the criteria for volunteering and the behavioral competencies expected from the volunteers in the Volunteer Introductory Meeting.
- Based on the type of volunteerism chosen, the basic concepts and the work description are discussed together with the Association officials.

Step 4: Hygiene Training

- It is required that all volunteers who will be in direct or indirect contact with the children visiting the Hygienic Play Center, shall receive detailed training about basic hygiene precautions, food and beverage hygiene, and things that should be done and not to be done near a patient with immunosuppressed status.
- Hygiene is the primary rule of the Play Center. Play Center Volunteers and any volunteers who are in contact with children have to comply with hygiene rules. These basic rules are explained to them during the Hygiene Training.

Step 5: Volunteering Studies

- Each new volunteer who completes the first four steps of volunteering, starts to work in designated missions with the Association officials or with other volunteers or alone in designated times.
- Volunteers are free to request a position change or quit (after another volunteer is positioned) from their duties, if they think they do not comply with duty.

For Questions: gonullu@gulmekiyilestirir.org.tr





Our Projects

• **Special Hygienic Play Center for Children with Cancer Treatment**

It is our first big Project. Focus in our first project is to give moral support to the children who have cancer, and their relatives. Accordingly, a Hygienic Play Center is established in Istanbul, which serves children who have cancer treatment at 3-10 years of age, with a full-time kindergarten teacher and is provided with the necessary hygiene conditions. Children who have been treated for cancer can not go to school because their immunity is suppressed during their treatment, which can last for up to three years. Our "Hygienic Play Center" is the first center to respond to this important need.

Hygiene inspections are performed by an impartial measurement laboratory, authorized to perform ISO Clean Room measurement. Our Hygienic Play Center has achieved ISO 7 Class in the Clean Room measurement, which is a very high level of hygiene as operating rooms are in ISO 6 and intensive care units are in ISO 7 Class. According to these results, our Hygienic Play Center is as hygienic as an intensive care unit.

Our Game Center is open between 09:00 - 18:00 Mon-Fri.



• **6 Steps of Giving the Bad News**

We have adapted the study "The right method of giving bad news to patients" published in the Oncologist Magazine to our "Six steps of giving the bad news properly" in collaboration with Psycho Oncology Association. It is about the first and most important step in the process of coping with serious diseases and is sponsored by Bristol Myers Squibb. The method we share with many hospitals and physicians is used by Medical Park Hospitals in Turkey.



Corporate Membership



1- Silver Membership

- The logo of the company is displayed as Silver Member on our website.
- The company logo is included in our Supporters section of the new edition catalogs.
- A plaque is presented to the Company as a Silver Member of our Association in the year of membership.
- Once a year, an activity is organized with children at the Hygienic Play Center and a team of 10 volunteers from the company.
- Our Association presents our activity report once a year.

2- Gold Membership

- The logo of the company is displayed as Gold Member on our website.
- The company logo is included in our Supporters section of the new edition catalogs.
- A plaque is presented to the Company as a Gold Member of our Association in the year of membership.
- Once a year, an activity is organized with children at the Hygienic Play Center and a team of 10 volunteers from the company.
- Our association visits the Gold member institution's year-end/term meetings once a year and briefs on the cooperation activities between the Association and related institution.
- Our association presents our activity report once a year.

3- Platinum Membership

- The company's logo is displayed on the Platinum Members section of the wall of our Hygienic Play Center.
- The logo of the company is displayed as Platinum Member on our website.
- The company logo is included in our Supporters section of the new edition catalogs.
- A plaque is presented to the Company as a Platinum Member of our Association in the year of membership.
- Once a year, an activity is organized with children at the Hygienic Play Center and a team of 10 volunteers from the company.
- Once a year, Platin Member announces their projects in the live broadcast of our social media accounts and explains why they are an institutional member.
- Once a year, an invitation card is given to 10 people to participate in an activity (charity dinner, party, concert, theater, etc.) organized by our Association.
- Our association visits the Platinum member institution's year-end / term meetings once a year and briefs on the cooperation activities between the Association and the with the related institution.
- Our association presents our activity report once a year.



Corporate Membership Packages

Our corporate packages are special activity service packages offered to corporate companies to fund the 'Hygienic Play Center" project of Laughter Heals Association Commercial Enterprise.

Activities of Year-End / Term Meetings

1- Team Building Activities

Memorable moments for your employers by adding the healing power of laughter through fun and useful team games, which can be diversified according to your needs and preferences.

2- Laughter Yoga

It is a unique team activity that combines laughter games with deep breathing exercises, which can make everyone laugh even if there are no any humor elements.



3- Toy Workshop

Wonderful toys made in the workshop will make children smile while socks, buttons, ribbons, fibers, and beads are flying in the air.

